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Meditation Event

“The Heart of Oneness”

Friday. November 11, 2011

6:30 –8 pm at the *Manchester Community Health Center*
40 Beach St., Manchester,-by-the-Sea, MA

Admission \$11 With a NON-perishable Food Item

For *Beverly Boot Straps* and *Cape Ann Open Door* Food Pantries

Includes: Mindful Meditation, Guided Meditation,
Reiki (*Mawashi*) Circle, & Slide Show of Kyoto ‘Reiki Share.’

For Info or to Register:

Email: info@dreamtimewellness.com

OR call 978-283-4258



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